



Breakfast 8am-11am Lunch 11am-2pm					
April/May	4/29/2024	4/30/2024	5/1/2024	5/2/2024	5/3/2024
DAY:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chicken Verde & Hominy / 282cal (12 oz.)	Vegan Wild Rice with Mushroom / 285cal (12 oz.)	Italian Tortellini / 370cal (12 oz.)	Creamy Taco / 704cal (12 oz.)	Minestrone / 112cal (12 oz.)  
SOUP	Chicken Cordon Bleu / 542cal (12 oz.)	Loaded Potato / 426cal (12 oz.)	Coconut Green Curry Chicken / 533cal (12 oz.) 	Country Chicken Stew / 517cal (12 oz.)	Clam Chowder / 520cal (12 oz.)
	THE MARKET	FLAVOR & FIRE	THE MARKET	THE MARKET	THE MARKET
Protein	Carpese Chicken / 396cal	Teriyaki Chicken Bowl / 429cal.	Balsamic Tri Tip / 314cal	Turkey Pot Pie / 828cal	Shrimp or Beef Fajitas / 136-483cal 
Description	Grilled Chicken Breast topped with Pesto Sliced Tomatoes and Fresh Mozzarella Cheese. Served alongside Alfredo Pasta and Zucchini.	Sliced Chicken in a Pineapple Teriyaki Sauce. Served over Jasmine Rice and Stir Fried Veggies.	Balsamic Marinated Oven Roasted Tri Tip. Served with Roasted Red Potatoes and Maple Glazed Carrots	House Roasted Turkey Breast in a Poultry Gravy with Carrots, Peas, Potatoes, Sweet Potatoes, Celery and Onions. Topped with Puff Pastry. Served with Green Beans and an Arugula Side Salad	Spicy Shrimp or Beef served with Peppers and Onions in Flour Tortillas with Cilantro Lime Rice, Black Beans, Salsa and Sour Cream.
Sides Ala Carte	Alfredo Pasta / 305cal 	Jasmine Rice / 85cal  	Roasted Red Potatoes / 167cal  	Green Beans with Garlic / 63cal  	Black Beans / 71cal  
Sides Ala Carte	Zucchini with Herbs / 135cal  	Stir Fried Vegetables / 40cal 	Maple Glazed Carrots / 65cal  	Arugula Salad / 227cal  	Cilantro Lime Rice / 83cal  
HEARTH SPECIALTY	Sausage & Mushroom Pizza / 437cal	Sausage & Mushroom Pizza / 437cal	Sausage & Mushroom Pizza / 437cal	Sausage & Mushroom Pizza / 437cal	Sausage & Mushroom Pizza / 437cal
HEARTH STANDARD	Pepperoni Pizza / 458cal	Pepperoni Pizza / 458cal	Pepperoni Pizza / 458cal	Pepperoni Pizza / 458cal	Pepperoni Pizza / 458cal
FIELD OF GREENS	Grilled Chicken Raspberry Salad / 665cal 	Grilled Chicken Raspberry Salad / 665cal 	Asian Chicken Salad / 452cal	Asian Chicken Salad / 452cal	Build Your Own Salad Bar / 100-1500cal  
Description	Marinated Grilled Chicken over a bed of Greens, with Red Onions, Fresh Raspberries, Blue Cheese Crumbles, Candied Pecans and a Raspberry Vinaigrette	Marinated Grilled Chicken over a bed of Greens, with Red Onions, Fresh Raspberries, Blue Cheese Crumbles, Candied Pecans and a Raspberry Vinaigrette	Asian Chicken over Mixed Greens, Cabbage, Carrots, Peppers, Edamame, Green Onion and Sesame Seeds topped with a Thai Peanut Dressing	Asian Chicken over Mixed Greens, Cabbage, Carrots, Peppers, Edamame, Green Onion and Sesame Seeds topped with a Thai Peanut Dressing	Fresh Mix of Greens with choice of toppings and Assorted Dressings. See the available options at the station.
GRILLERY	See grill menu at the station	See grill menu at the station	Bacon Jam Burger / 760 cal	See grill menu at the station	Italian Sausage Hoagie / 631 cal
Description	See grill menu at the station	See grill menu at the station	Beef Patty and Cheddar Cheese Smothered in a housemade Sweet & Savory Bacon Jam atop Lettuce, Tomatoes, Red Onions and Pickles.	See grill menu at the station	Sweet Italian Sausage Link covered in Caramelized Peppers & Onions, Marinara and Provolone Cheese

* Menu items are subject to change due to procurement issues. Thank you for understanding.