CONTINENTAL cafe

St. Peter's Health

Breakfast 7am-10:30am | Lunch 11am-1:30pm					
April	4/22/2024	4/23/2024	4/24/2024	4/25/2024	4/26/2024
DAY:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	French Onion / 148cal (12 oz.)	Cabbage Roll / 223cal (12 oz.)	Beef & Orzo / 262cal (12 oz.)	Broccoli Cheddar / 401cal (12 oz.)	Chicken Noodle / 112cal (12 oz.)
SOUP	Buffalo Chicken / 297cal (12 oz.)	Thai Pumpkin / 617cal (12 oz.)	Creamy Chicken Poblano / 518cal (12 oz.)	Chicken & Gnocchi / 409cal (12 oz.)	Clam Chowder / 520cal (12 oz.)
DAILY SPECIALS	THE MARKET	FLAVOR & FIRE	THE MARKET	THE MARKET	THE MARKET
Protein	Baked Potato Bar / 790cal	Barbacoa Chicken Burrito Bowl / 704cal	Korean Chicken / 395cal	Roasted Pork Loin / 302cal	Lemon Herb Salmon / 232cal
Description	Baked Potato served with your choice of toppings. Chili, Bacon, Broccoli, Cheese, Green Onion and Sour Cream	Shredded Chicken Served with Cilantro Lime Rice, Sauteed Vegetables with Beans, Corn Salsa,Cheddar Cheese, Guacamole, Salsa and Sour Cream	Sweet & Spicy Oven Roasted Chicken served with a Cold Peanut Noodle Salad and Marinated Cucumbers	Slow Roasted Dijon and Herb Rubbed Pork Loin served with Mashed Sweet Potatoes, and Sauteed Green Beans	Marinated Salmon served with Garlic Herb Roasted Squash, and Pasta
Sides Ala Carte	Steamed Broccoli / 170cal	Cilantro Lime Rice /153cal	Peanut Rice Noodle Salad / 170cal	Honey Butter Sweet Potatoes / 153cal	Garlic Herb Squash / 65cal
Sides Ala Carte		Sauteed Vegetables with Beans / 153cal	Marinated Cucumbers / 104cal	Sauteed Green Beans / 74cal	Buttered Herb Pasta / 126cal
HEARTH SPECIALTY	Sausage Supreme / 438cal	Sausage Supreme / 438cal	Sausage Supreme / 438cal	Sausage Supreme / 438cal	Sausage Supreme / 438cal
HEARTH STANDARD	Pepperoni Pizza / 458cal	Pepperoni Pizza / 458cal	Pepperoni Pizza / 458cal	Pepperoni Pizza / 458cal	Pepperoni Pizza / 458cal
FIELD OF GREENS	See Station for Available Options	See Station for Available Options	See Station for Available Options	See Station for Available Options	See Station for Available Options
Description	See Station for Available Options	See Station for Available Options	See Station for Available Options	See Station for Available Options	See Station for Available Options
GRILLERY	See grill menu at the station	See grill menu at the station	Cowboy Burger / 845cal	See grill menu at the station	Grilled Bratwurst / 562cal
Description	See grill menu at the station	See grill menu at the station	Ground Beef Patty topped with Bacon, Onions Rings, Cheddar Cheese, Lettuce, Tomato Pickles and BBQ Sauce on a Potato Bun	See grill menu at the station	Bratwurst Sausage served on a Hoagie Roll topped with Grilled Onions, Sauerkraut and Whole Grain Mustard.

* Menus items are subject to change due to procurement issues. Thank you for understanding.