



St. Peter's Hospital

Behavioral Health Unit

Behavioral Health Program

An individual may benefit from treatment if they are experiencing any of the following:

- *Persistent feelings of sadness, hopelessness or emptiness*
- *Suicidal thoughts/attempts*
- *Thoughts of harming others*
- *Significant changes in sleep patterns and appetite*
- *Sudden onset of memory impairment and /or confusion*
- *Severe anxiety, restlessness or agitation*
- *Behavioral disturbances*
- *Unusual/bizarre thoughts or beliefs*
- *Unrealistic fears*
- *Hearing or seeing things not present*
- *Agitation/significant behavioral disturbances*

Admission Process

Admissions will be accepted 24 hours a day. Referrals may be made by physicians, psychologists, social workers, mental health professionals, family members/friends or the individual himself. The decision regarding admission is made by a psychiatrist.

All information is completely confidential.

Inpatient Services Available

Admission assessments

Development of appropriate medication regimen

Individual and group therapy

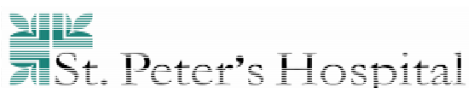
Patient and family education

Discharge planning/placement assistance

On site assessments

Individualized treatment planning

Integrated follow-up with referring physicians and other health care providers



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Adult Behavioral Health Program
Senior Behavioral Health Program
www.stpetes.org